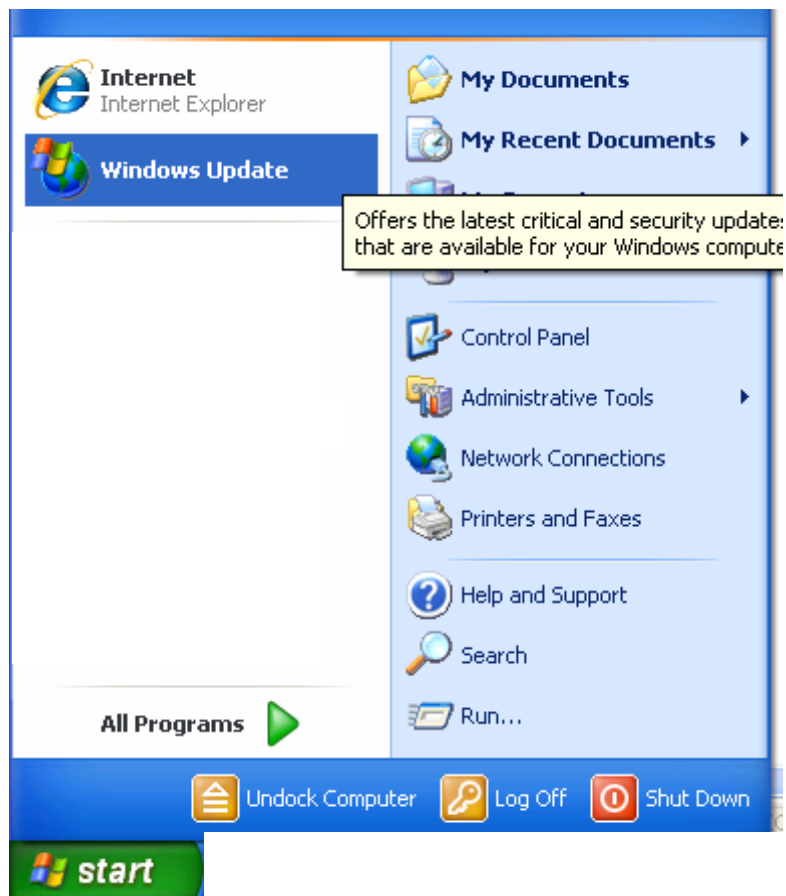


## Windows Updates and Firewall

<b>Running Windows Updates</b>	<b>Turning on Automatic Updates</b>	<b>Turning on the Windows Firewall</b>
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### ✓ Running Windows Updates

- a. Click on the Start menu and select Windows Update



- b. If you do not have a Windows Update icon under the start menu, open Internet Explorer and type in the following URL:  
<http://windowsupdate.microsoft.com/>
- c. Once the Windows Update page loads, select Express updates



# Welcome to Microsoft Update

## Keep your computer up to date

Check to see if you need updates for Windows, your programs, your hardware or your devices.

Express

Get high-priority updates **(recommended)**

Custom

Select from optional and high-priority updates for Windows and other programs

**Concerned about privacy?** When you check for updates, basic information about your computer, not you, is used to determine which updates your programs need. To learn more, see our [privacy statement](#).

- d. It may take a several minutes to search for new updates.



# Welcome to Microsoft Update

Checking for the latest updates for your computer...



- e. You will need to follow the directions on the screen. You may be asked to download Windows validation tools, or you may go straight to a download.

---

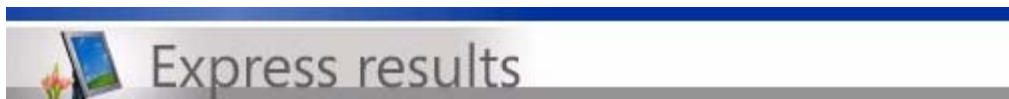
## Software Upgrade for Some Windows Components Required

To use Microsoft Update, you must first install the latest version of some Windows components. This will allow your computer to work

- **More updates:** Get updates for Windows and for popular Microsoft programs such as Microsoft Office in one place.
- **Faster updates:** The latest Windows Installer (MSI) improves the way updates are installed, delivering updates in the smallest of time.
- **Easier navigation:** Now you can find updates by priority or by product while helpful links and important messages help ensure updates for your computer.

 [Details](#)

[Download and Install Now](#)



### Review and Install Updates

[Install Updates](#)

Download size (total): 103.1 MB  
Estimated time at your connection speed: 7 minutes

#### High-priority updates

##### Microsoft Windows Defender

[Definition Update 1.14.1471.6 for BETA Windows Defender \(KB915597\)](#)

##### Microsoft Windows XP

[Windows Genuine Advantage Notification \(KB905474\)](#)

[Security Update for Flash Player \(KB913433\)](#)

[Security Update for Windows XP \(KB913580\)](#)

[Windows Malicious Software Removal Tool - May 2006 \(KB890830\)](#)

##### Microsoft Office 2003

[Update for Outlook 2003 Junk Email Filter \(KB916521\)](#)

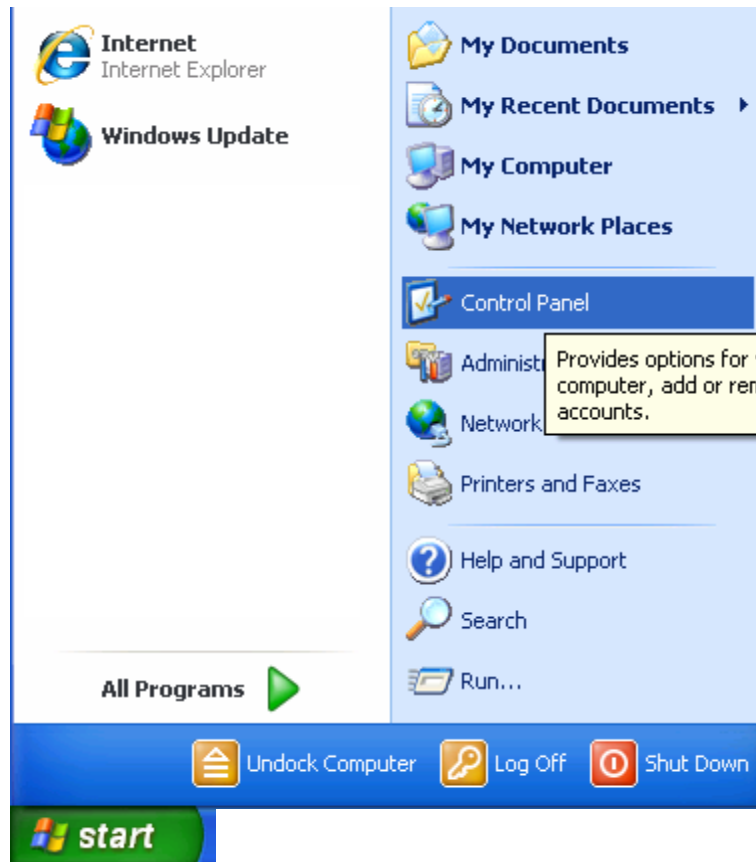
[Office 2003 Service Pack 2](#)

[Update for Office 2003 \(KB907417\)](#)

- f. Depending on what updates your machine needs to install, you may be prompted to reboot your computer afterwards.

✓ **Turning on Automatic Updates**

- a. Go to the Start Menu->Control Panel



- b. Open the Security Center



- c. Click Automatic Updates to configure how often and at what time your automatic updates run. Make sure to select a time you will not be using your computer heavily, press Ok to save your changes.

---

## Security Essentials

The security settings on this computer are managed by a network administrator because it is part of a domain (a group of computers on a network). To help protect your computer, the administrator of this computer should do the following:


- Install and use a firewall such as Windows Firewall in Microsoft Windows XP or another firewall.
- Set up Automatic Updates to download and install critical updates automatically.
- Install antivirus software and keep it turned on and up to date.

[What's new in Windows to help protect my computer?](#)

## Manage security settings for:


 **Automatic Updates**  **Internet Options**

 **Windows Firewall**

 **Help protect your PC**

Windows can regularly check for important updates and install them for you. (Turning on Automatic Updates may automatically update Windows Update software first, before any other updates.)  
[How does Automatic Updates work?](#)

**Automatic (recommended)**


 Automatically download recommended updates for my computer and install them:

Every day  at 12:00 PM

Download updates for me, but let me choose when to install them.

Notify me but don't automatically download or install them.

Turn off Automatic Updates.

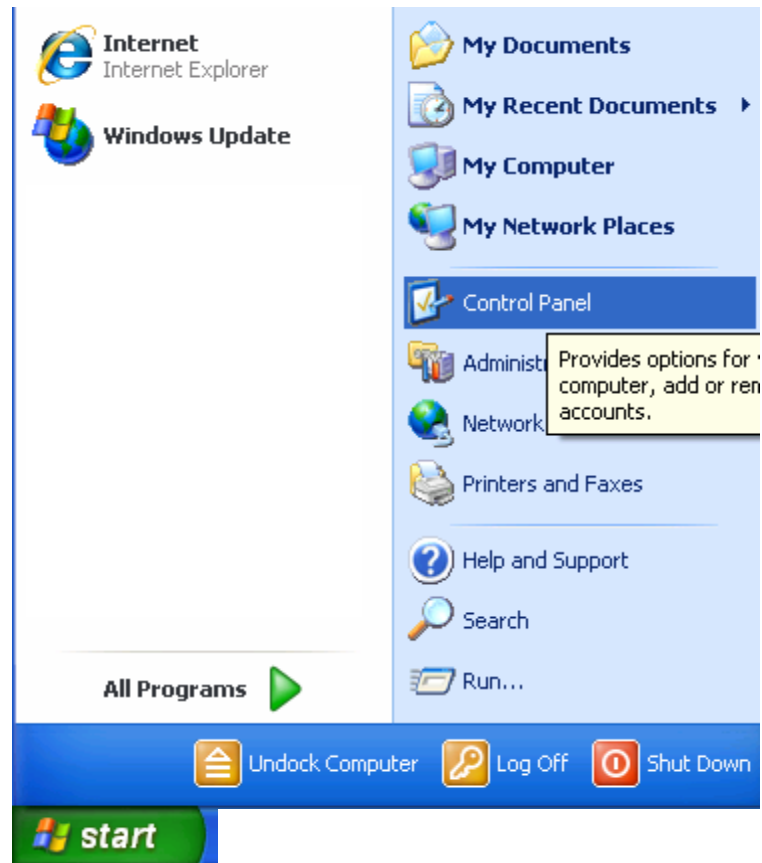
 Your computer will be more vulnerable unless you install updates regularly.  
Install updates from the [Windows Update Web site](#).

[Offer updates again that I've previously hidden](#)

OK Cancel Apply

✓ **Turning on the Windows Firewall**

a. Go to the Start Menu->Control Panel



b. Open the Security Center



- c. Choose Windows Firewall and make sure it is set to On (recommended).

The screenshot shows the Windows Security Essentials interface. On the left, under "Security Essentials", there are instructions and a list of tasks: "Install and use a firewall software", "Set up Automatic Updates", and "Install antivirus software". Below this is a "Manage security settings" section with icons for "Automatic Updates" and "Windows Firewall". The "Windows Firewall" icon is highlighted with a blue dashed border. On the right, the "Windows Firewall" control panel is open, showing the "General" tab. A red warning banner at the top states "Your PC is not protected: turn on Windows Firewall". Below this, the "On (recommended)" option is selected with a radio button, and a green checkmark icon is visible. The "Don't allow exceptions" option is unselected. The "Off (not recommended)" option is also unselected. At the bottom, it says "Windows Firewall is using your domain settings" and provides a link for more information.

**Security Essentials**

The security settings on this computer are not optimal. This computer is part of a domain (a group of computers managed by the administrator of this computer).

- Install and use a firewall software.
- Set up Automatic Updates.
- Install antivirus software and update it.

[What's new in Windows to help protect your PC](#)

**Manage security settings**

- Automatic Updates
- Windows Firewall

**General** | Exceptions | Advanced

**Your PC is not protected: turn on Windows Firewall**

Windows Firewall helps protect your computer from gaining access to your computer through the Internet.

**On (recommended)**

This setting blocks all outside sources from accessing your computer, with the exception of the programs and services you allow.

**Don't allow exceptions**

Select this when you connect to public locations, such as airports. Your Windows Firewall blocks programs. Selected programs are ignored.

**Off (not recommended)**

Avoid using this setting. Turning off Windows Firewall makes your computer more vulnerable to viruses and spyware.

Windows Firewall is using your domain settings.

[What else should I know about Windows Firewall](#)